

## Self-Regulation as a Key to Writing Planning Guide

Type of self-regulation	How might I make this happen more in my classroom?
Strategy Implementation Procedures. In these,	
"students were instructed to monitor their	
accuracy in implementing the target [writing]	
strategies by using metacognitive aids (graphic	
organizers and checklists)" In addition,	
students were taught to use pre-writing planning	
guides and given checklists to guide revision and	
editing.	
Outcome Evaluation Procedures. "These	
procedures relied on two techniques, goal setting	
and monitoring of learning progress." Students	
were led by the teacher in evaluating their writing	
against a list of desired elements. Then, students	
were prompted to set goals for elements or styles	
that they wanted to try to incorporate in their next	
piece of writing. Throughout creation of their	
next piece of writing, students were regularly	
prompted to reflect on their progress towards their	
self-selected goals.	
To aid with their self-regulation, students were	
given a chart showing the rubric scores of every	
story they had written recently, broken out into	
sections (e.g. content, style). Students set specific	
rubric point goals for themselves and the teacher	
regularly praised student work using their rubric	
growth.	